

JANUARY 2020 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
		1 EACN CLOSED	2 Breast Milk or Iron-fortified formula Ground Turkey Cooked Carrots Peaches	3 Breast Milk or Iron-fortified formula Mozarella Cheese Sticks(cut small pieces), Peas Pears
6 Breast Milk or Iron-fortified formula Ground Chicken Breast Homemade Veg. Soup Peaches	7 Breast Milk or Iron-fortified formula Pinto Beans Green Beans Mixed Fruit	8 Breast Milk or Iron-fortified formula Ground Turkey Breast Peas Peaches	9 Breast Milk or Iron-fortified formula Ground Turkey Yams Applesauce	10 Breast Milk or Iron-fortified formula Mozarella Cheese Sticks(cut small pieces), Beans Pears
13 Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	14 Breast Milk or Iron-fortified formula Pinto Beans Broccoli Pears	15 Breast Milk or Iron-fortified formula Ground Turkey Breast Cooked Carrots Applesauce	16 Breast Milk or Iron-fortified formula Ground Turkey Yams Banana	17 Breast Milk or Iron-fortified formula Mozarella Cheese Sticks(cut small pieces), Peas Mixed Fruit
20 Breast Milk or Iron-fortified formula Ground Chicken Breast Broccoli Mixed Fruit	21 Breast Milk or Iron-fortified formula Pinto Beans Peas Peaches	22 Breast Milk or Iron-fortified formula Ground Chicken Breast Baked Beans Pears	23 Breast Milk or Iron-fortified formula Ground Turkey Peas Banana	24 Breast Milk or Iron-fortified formula Mozarella Cheese Sticks(cut small pieces), Peas Fruit Salad
27 Breast Milk or Iron-fortified formula Ground Chicken Breast Yams Pears	28 Breast Milk or Iron-fortified formula Pinto Beans Green Beans Bananas	29 Breast Milk or Iron-fortified formula Ground Chicken Breast Peas Mixed Fruit	30 Breast Milk or Iron-fortified formula Ground Turkey Homemade Veg. Soup Peaches	31 Breast Milk or Iron-fortified formula Mozarella Cheese Sticks(cut small pieces), Peas Pears

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.

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*CNL= Child Nutrition Label

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